

Ps. 80 Discussion Questions

Read Psalm 80

1. This Psalm is considered a lament psalm. It is a psalm where the author expresses their grief and sorrow over a situation they are facing. They also usually request God's help and intervention.

- a. What strikes you or surprises you about this Psalm?
- b. What is the situation that the author is mourning over in this Psalm?
- c. What key questions does the Psalmist ask the Lord regarding their situation?

2. What does this Psalm teach us about how to process difficult situations that we don't understand with the Lord?

- a. What does he do?
- b. What does he not do?

3. Are prayers of lament something that you are comfortable with or familiar with? How often do you pray like this?

- a. In areas of confusion and suffering, do you feel the permission to ask the Lord "why" or "how long"? Why or why not?
- b. How might we do a better job of corporate lament (mourning for one another and our community) in the church?
- c. How do we balance honesty before the Lord with respect and humility? Where are the lines of what is appropriate and inappropriate?

4. In what areas do you need to cry out to the Lord because you are feeling hopeless or helpless? In what situations are you asking the Lord questions like, Why? How long? What are you up to?

- a. What about this situation makes it difficult for you to trust God with it?

b. What does it look like to trust God with this situation?

Close your group time by praying for each other regarding the areas that were shared.